

AYN CATES SULLIVAN, Ph.D.

Charlottesville, Virginia

www.ayncatessullivan.com

grailheroine@gmail.com

EDUCATION:

Hollins College, BA

Columbia University, MFA

USM, Masters in Spiritual Psychology

Kings College London, Ph.D.

PUBLICATIONS:

Tracking The Deer (poetry), Envoi, Wales, 1991

Consider This (non-fiction), Findhorn Press, Scotland, 1993

Unquenchable Spiritual Fire, 1st edition, Infinite Light Publishing, Santa Barbara, CA, 2011, republished as: *Three Days In The Light*, Infinite Light Publishing, 2014

"From the Heart" lyrics co-written with Maria Cristina, CD produced by Infinite Light Publishing, 2014

The Windhorse: Poems Of Illumination (poetry), USA, 2011

Sparkle & The Gift (children's fantasy), Highpoint Life, 2012

Sparkle & The Light (children's series) Infinite Light Publishing, 2013

Three Days In The Light, Infinite Light Publishing, 2014

A Story Of Becoming (fable), Infinite Light Publishing, 2014

Sparkle & The Gift (second edition), Infinite Light Publishing, 2016

Legends of the Grail: Stories of Celtic Goddesses, (Irish mythology & Goddess Studies) Infinite Light Publishing, 2017

"Song of the Cailleach" poem included in the literary journal *Artemis*, 2018

Biographical Short Story "Mending Broken Heart" included in *Thresholds*, editors Simon Crowe & Robin Von Schwarz, 2018.

Heroines of Avalon & Other Tales (British Mythology & Women's Studies) Infinite Light Publishing, 2018

"Song of the Grail Maiden" a poem published by *Artemis*, 2019

"Finding My Voice" poem included in the literary journal *Artemis*, 2020

High Profit Secrets, story included in the anthology; an Amazon Bestselling book, 2020

Kachina's Rose, (A Sparkle Fairy Tale), Infinite Light Publishing & Media, 2020

Ella's Magic – revised (A Sparkle Fairy Tale), Infinite Light Publishing & Media, 2020

Undina's Spell – (A Sparkle Fairy Tale), Infinite Light Publishing & Media, 2020

Nimue: Freeing Merlin (a novel), Infinite Light Publishing & Media, 2021

Quitless: The Power of Persistence in Business and Life (anthology) – USA Today Bestselling book, 2021

"Blessings of the Ancestors" a poem published by *Artemis*, 2021

Eala: Mother Swan (bi-lingual children's book) Infinite Light Publishing & Media, 2021

Whisper Angel, Infinite Light Publishing & Media 2022

"Summer Lake" a poem published by *Artemis*, 2022

"Space Between Trees" a poem published by *Artemis*, 2023

“Rising of the Quarter Moon” a poem published by *Artemis*, 2024
“Red Maples in August” published by *The Journal of the Virginia Writer’s Club*, 2024
“The Wild Geese Coming Home” published by *Artemis* 2025
Riddles of the Ancestors (a novel), Infinite Light Publishing & Media, 2025
Celtic Elemental Tarot, Findhorn/Inner Traditions, 2025

AWARDS:

Margaret Markley Smith Award For Excellence In English, 1982
Overseas Research Award, King’s College London for doctorate, 1985-1993
Mom’s Choice Award, *Sparkle & The Gift* wins 2 Golds, New Age & Fantasy; Indigo & New Age, 2013
National Beverly Hills Books Awards, *Sparkle & The Gift* wins Children’s Inspirational, 2013
Los Angeles Book Festival, *Sparkle & The Light* wins honorable mention, 2013
Spirited Woman’s Best Books, *Sparkle & The Light*, Dec 2013
Mom’s Choice Awards for children’s books, Gold 2013, 2014 & 2015
Irwin Award Recipient for Best Spiritual Campaign, 2014
London Book Festival, *Sparkle & The Gift* and *Sparkle & The Light* win honorable mention, 2013 & 2014
Paris Book Festival, *A Story of Becoming* wins the children’s division, 2015.
Great Southeast Book Festival, *A Story of Becoming* wins the children’s division, 2015.
Children’s Literary Classics, *A Story of Becoming* wins gold for Inspirational/Visionary picture book, 2015
Great Northwest Book Festival, *A Story of Becoming* is honored as the Children’s Division Runner Up, 2015.
New England Book Festival, *A Story of Becoming* is honored as the Children’s Division Runner Up, 2015
A Story of Becoming is given an honorable mention by four festivals: the Green Book Festival, Hollywood Book Festival, San Francisco, Book Fair & the Los Angeles Book Festivals, 2015.
Literary Classics honors *A Story of Becoming* with Gold for Visionary Picture Book, 2015
London Book Festival awards *A Story of Becoming* winner of the Children’s Division, 2015
Beverly Hills Book Awards announces *A Story of Becoming* winner, Spiritual Division, 2016
Indie Excellence Awards awards *A Story of Becoming* winner, Visionary Fiction Division, 2016
Nautilus Books awards *A Story of Becoming* gold for Middle Grades Fiction, 2016
Pinnacle Book Achievement Award, awards *Sparkle & The Gift* as best children’s fairytale, 2016
International Book Awards announces *A Story of Becoming* as a Finalist, 2016
Reader’s Favorite, *A Story of Becoming* awarded Gold in Children’s Fable, 2016
London Book Festival awards *Legends of the Grail: Stories of Celtic Goddesses* winner of the Compilations and Anthology Division, 2017

Florida Book Festival awards *Legends of the Grail: Stories of Celtic Goddesses* winner of the Wild Card Division, 2018

Pinnacle Book Achievement Award for *Legends of the Grail: Stories of Celtic Goddesses*, 2018

Los Angeles Book Festival, *Legends of the Grail* is runner up for Spiritual book, 2018

Shelf Unbound names *Legends of the Grail: Stories of Celtic Goddesses* a Best Indie Book, 2018

eLit Book Awards, *Legends of the Grail: Stories of Celtic Goddesses*, wins a gold for multi-cultural fiction, 2018

Book Excellence Awards, *Legends of the Grail: Stories of Celtic Goddesses*, finalist 2018

CIPA EVVY, *Legends of the Grail: Stories of Celtic Goddesses*, winner of 3 first place fiction awards, 2018.

CIPA EVVY, *Legends of the Grail: Stories of Celtic Goddesses*, second place illustration award, 2018

Nautilus Book Awards, *Heroines of Avalon & Other Tales*, Silver winner for Women's Fiction, 2018.

IPPY, *Heroines of Avalon & Other Tales*, Gold for Visionary/New Age Fiction, 2019.

Next Generation Indie Book Award, *Heroines of Avalon & Other Tales*, a finalist for New Age Fiction, 2019.

COVR (Coalition of Visionary Resources) – *Heroines of Avalon & Other Tales*, winner of gold and silver, 2019.

CIPA EVVY – *Heroines of Avalon & Other Tales*, silver and bronze for fiction 2019.

NIEA (National Indie Excellence Awards) *Heroines of Avalon & Other Tales* Gold in New Age Fiction, 2019.

IRDA, Indie Reader Discovery Award, *Heroines of Avalon & Other Tales*, top fiction choice 2019.

IAOTP International Association of Top Professionals – top female author of the year – 2020

Nautilus Book Awards Gold for *Undina's Spell*, Children's Illustrated Fiction – 2020

Mom's Choice Gold for *Undina's Spell* – 2021

NIEA (National Indie Excellence Award) *Nimue: Freeing Merlin* chosen as winner of New Age Fiction in the 15th annual contest – 2021

IAOTP International Association of Top Professionals – empowered woman of the year – 2021.

CIPA EVVY – *Nimue: Freeing Merlin* winner of gold Women's Fiction 2021.

CIPA EVVY – *Kachina's Rose* winner of silver in children's picture books 2021.

Nautilus Book Awards – *Eala: Mother Swan* – 2021.

Book Excellence Awards – *Eala: Mother Swan* – 2022.

Mom's Choice – *Whisper Angel* – Silver – 2022

OnlineBookClub - *Nimue: Freeing Merlin* – book of month and year 2023

Titan Literary Award, *Riddles of the Ancestors*, 2026

BEST SELLERS:

* *A Story of Becoming* – Amazon Best Seller 2015

* *Thresholds* (anthology) – Amazon Best Seller 2018

- * *Heroines of Avalon & Other Tales* – Amazon Best Seller 2019
- * *High Profit Secrets* (anthology) – Amazon Best Seller 2020
- * *Quitless* (anthology) – USA Today & Wall Street Journal Best Seller 2021
- * *Eala: Mother Swan: La Madre Cisne* (bi-lingual book) – Amazon Best Seller 2021
- * *Nimue: Freeing Merlin* – Amazon 2022 & Barnes & Nobles #1 Best Seller 2023

MEDIA:

Ayn Cates Sullivan, Ph.D. has appeared on Numerous Television, Podcasts & Radio shows: 2014-present, and has her own “Wisdom of the Ages” podcast on the SuperPowerUp! Network with 2.6 million listeners in 2020, and 5 million in 2021.

- The Author’s Show
- Ron Stark Show
- Donna Seebo Show
- Transformation Talk – host Aleena Shereen
- Rose Columbo Blog Talk Radio
- Susan Alan TV
- Joyce Van Derr Lely Interview (Australia)
- Lost Wisdom of the Grail Telesummit – host Saira Salmon (Wales)
- Interview with Iva Kenaz (Prague)
- A Fireside Chat – host Lance White
- The Dr Pat Show – KKNW – two episodes with host Dr Pat
- Get Social with Cat – host Cat Smith
- Spiritual Handyman Show – host Jason Antalek
- iCreate Daily- Episode 222 – host LeAura & Devani Alderson
- WOCA The Source Radio – live streamed AM Ocala – host Larry Whitler
- Moment with Marianne – host Marianne Pestana
- People of Distinction – host Al Cole
- No Limits No Labels Podcast- Episode 60 – host Sarah Boxx
- Crucial Talks – host Michael Sedam
- Letz Talk About It – host Myra McKnight
- Get Over It Podcast – host Monique Chapman
- Soulful Living – host Teri Williams
- Tell Me Your Story –Richard Dugan
- Healthy Baby Boomers Network – host Dr Erica Goodstone
- The Psychic Coffee Shop – host Aeson Knight
- The Positive Head Podcast- host Brandon Beachum
- Adrianna’s Mystic Connections – host Adrianna Lesniak
- Awakened Path Radio – host Rev Candace Nadine
- The Truth Seekah – host Derek Grosskurth
- The Connie Phieff Show Podcast – host Connie Phieff
- The Ultimate Risk WAIF 88.3FM – host Tara Robinson
- Going North Podcast – host Dominique Brightmon
- Art of the CEO Podcast – host Bart Jackson
- The Bright Side – host Tekneshia Day
- Mindfulness Mode – host Bruce Langford

- The Hidden Entrepreneur Show – host Josh Cary
- Stargate Round Table – host Marietta Pickett
- Natural Healing Show – Catherine Carrigan
- Interfaith Dialogue Association – Common Threads – host Fred Stella
- In The Spotlight – host Cynthia MacGregor
- Super Power Up! – host Tonya Dawn Recla – “Finding Spiritual Intelligence in Folklore”
- A Book and a Chat – host Barry Eva
- Leading Through Love – iHeart Radio – host Teri Britt
- Awakened Path Radio – host Rev Candace Nadine
- Total Education Show – host Neil Haley
- Unlocking the Truth – host Dr Lesley Phillips (Canada)
- Empowerment Radio – host Friendmann Schaub (France)
- World Spirituality Radio interview with John Roach / Unity Online Radio
- Debbie DiPetro Blog Interview about the creation of the Legends of the Grail series.
- Becoming Your Best Possible Self – episode 665 – an interview with Chris Burns
- Super Power Kids with Neva Recla
- Sex, Love & Super Powers – with Tatiana – “The Divine Feminine in Celtic Mythology”
- Heroines of Avalon & Other Tales chosen for cover of Publisher’s Weekly
- CinnamonMoon at night online radio (recurring guest)
- Total Prestige Magazine – cover and feature article 2020
- Incorporating SuperPowers with host Justin Recla
- Kathleen Kaiser interview “Talking Book Publishing”
- Nautilus Book Award Author Spotlight for Undina’s Spell
- Cosmic Consciousness – SuperPowerUp! host Jewels Arnes
- High Frequency Healing podcast (Expertos en Super Poderes) – host Angela Maria
- Messages of Infinite Light with co-host Mirabai Devi

OCCUPATIONAL HISTORY:

King Fisher Books, Assistant Editor, 1989

Lecturer at colleges and centers in UK, 1990

Intuitive astrology, color, and tarot readings, 1991-present

International Agent for Artists, London, 1992-1993

Experiential Workshop Leader in USA and Europe, 1993-2008

Healing Center of Santa Monica-co-owner, manager and workshop leader, 1995-1998
(Entheos) Awareness Essences, President, 1999-2011

Awareness Workshop Series, 2009

Wisdom of the Ages, Host on the [SuperPower Up Network](#), 2019 to 2025

President and Founder of [Infinite Light Publishing & Media](#), LLC, 2012-PRESENT